

## NURSING SYLLABUS

RNSG 1413, Foundations of Nursing Practices

### **Textbook:**

*Ackley, B. J. & Ladwig, G. B. (2011). Nursing Diagnosis Handbook a Guide to Planning Care (9th ed.). St. Louis: Mosby*

*Deglin, J. H. & Vallerand, A. H. (2009). Davis's Drug Guide for Nurses (11th ed.). F. A. Davis.*

*Gould, B. E. & Dyer, R. (2011). Pathophysiology for the Health Professions (4th ed.). Philadelphia: Saunders.*

*Jarvis, C. (2008). Pocket Companion Physical Examination & Health Assessment (5th ed.). Philadelphia: Saunders.*

*Kee, J. L. (2010). Laboratory & Diagnostic Tests (8th ed.). Prentice-Hall.*

*Potter, P. A., & Perry, A. G. (2008). Fundamentals of Nursing (7th ed.). St Louis: Mosby. With study guide.*

*Perry, A. G., & Potter, P. A. (2010). Clinical Nursing Skills & Techniques (7th ed.). St. Louis: Mosby.*

**Name of Course:** Foundations of Nursing Practices

### **Description:**

Introduction to role of the professional nurse as provider of care, coordinator of care, and member of the profession. Topics include but are not limited to the fundamental concepts of nursing practice, history of professional nursing, a systematic framework for decision-making, mechanisms of disease, the needs and problems that nurses help patients manage, and basic psychomotor skills. Emphasis on knowledge, judgment, skills and professional values within a legal/ethical framework. This course lends itself to a blocked approach. Included laboratory experiences provide the opportunity to learn, practice, document and demonstrate basic nursing skills in a controlled environment. Demonstration of competence in selected nursing skills and computer-assisted instruction (CAI) is required for satisfactory completion of the course. Content includes applicable DELC competencies.

**Credit Hours:** Three

**Learning Outcomes:** Students will be able to:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### **Brief Outline of Course Content:**

#### Lecture

1. Nursing Today
2. Ethics and Values
3. Legal Implications in Nursing Practices
4. Activity and Exercise
5. The Healthcare Delivery System
6. Community-based Nursing Practice
7. Culture and Ethnicity

8. Caring in Nursing Practice
9. Client Safety
10. Young to Middle Adult
11. Sensory Alterations
12. Development Theories
13. Self-Concept and Client Education
14. Caring for Families
15. Oxygenation
16. Bowel Elimination
17. Health and Wellness
18. Fluid, Electrolyte and Acid-base Balance
19. Managing Client Care
20. Care of Surgical Clients
21. Complementary and Alternative Therapies
22. Urinary Elimination
23. Spiritual Health
24. The Experience of Loss Death, and Grief
25. Theoretical Foundations of Nursing Practices
26. Stress and Coping

#### Laboratory

1. Infection Prevention and Control
  - a. Medical Asepsis
2. Health and Physical Assessment: Musculoskeletal
  - a. Mobility and Immobility
  - b. Safe Patient Handling, Patient Transfer and Positioning
3. Communication, Documentation and Informatics
4. Health and Physical Assessment: Neurological
  - a. Mental Status, Cranial Nerves
5. Health and Physical Assessment: Respiratory and Skin/Hair/Nails
  - a. Oxygen Therapy, Airway Management
6. Health and Physical Assessment: Cardiovascular
  - a. Vital Signs, Heart/Neck/Peripheral Vascular
7. Health and Physical Assessment: Abdomen
8. Specimen Collection, Diagnostic Procedures; Review of Health and Physical Assessment
  - a. Integration of Complete Physical Examination
9. Infection Prevention and Control
  - a. Sterile Technique
10. Urinary Elimination
  - a. Foley Catheterization
11. Skin Integrity and Wound Care
12. Evidence-Based Practice